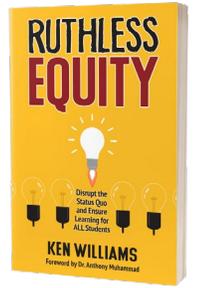


# Module 8

## The 4th Rule of Ruthlessness: A Commitment To Momentum Over Mood Rings



Answer each question/prompt **individually**, and then discuss **collectively**.

**Video Reflections:** The Ruthless Are Not Ruled By Mood Rings

**Post Video Discussion Question:**

Recall a time in your life when you demonstrated discipline and consistency to get something done, even during times when you didn't feel like it.

**Read pages 172-181 in Ruthless Equity**

Record reflections and notes below.

**Use the 3 A's Protocol on the next page to discuss what you've read.**

# Three "A"s Text Protocol

**Purpose:** Read the text silently, highlighting and writing notes in answer to the following three questions .Be prepared to cite the specific text including pg #. (5-10 min).

- What do you **Agree** with in the text?
- What do you want to **Argue** with in the text?
- What parts of the text do you want to **Aspire** to as an educator?

**Round 1:** Identify one thing you agree with, in the text, citing the text (with page numbers) as evidence. Go around the group with each person sharing their item, without comment. The group then chooses one person's to discuss. If time permits choose another item. (5-7 min)

**Round 2:** Each person identifies one thing they want to argue with, in the text, citing the text (with page numbers) as evidence. Go around the group with each person sharing their item, without comment. The group then chooses one person's to discuss. If time permits choose another item. (5-7 min)

**Round 3:** Each person identifies one thing they aspire to as an educator with, in the text, citing the text (with page numbers) as evidence. Go around the group with each person sharing their item, without comment. The group then chooses one person's to discuss. If time permits choose another item. (5-7 min)

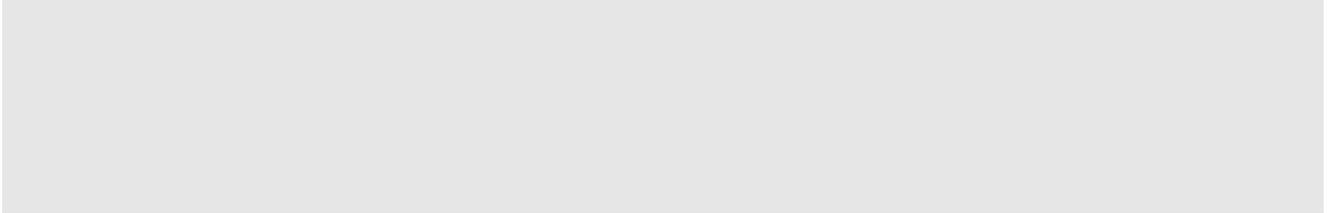
**Conclusion:** End the session with an open discussion framed around the question:  
What does this mean for our work with students? (10 min)

# Answer these questions from page 171

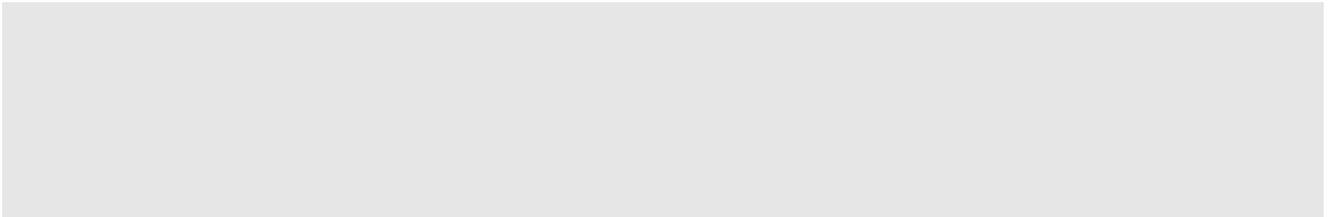
(answer below or in your book)

Answer each question **individually**, and then discuss **collectively**.

2. When in your personal life have you applied the Ruthless Rule, Momentum Over Mood Rings?



2a. How will you embed Momentum Over Mood Rings into your Ruthless Equity practice?



3. As a result of this learning, how will you support one another during times of frustration and discouragement?

